

JANEIRO			JANUARY JANVIER		
	↑	↓		↑	↓
1	06:06 12:12 18:24	0.4 0.6 0.4	11	02:22 08:38 15:07	0.7 0.9 0.3
2	06:39 13:04 19:13	1.7 1.3 0.5	12	03:34 09:44 16:08	1.7 1.3 0.5
3	01:28 07:49 13:55	0.4 0.6 0.7	13	04:36 10:41 16:59	1.3 0.9 0.4
4	02:14 08:40 14:45	1.6 1.2 0.6	14	05:26 11:29 17:41	0.7 1.1 0.6
5	03:04 09:29 15:34	0.3 0.3 1.6	15	06:08 12:10 18:19	0.3 0.4 0.4
6	03:52 10:19 16:22	0.7 1.5 1.5	16	06:32 12:47 18:53	1.5 1.2 0.5
7	04:41 11:09 17:12	1.7 1.4 1.4	17	01:07 07:22 13:21	0.9 0.6 0.6
8	05:32 11:59 18:06	1.7 1.4 1.4	18	01:39 07:54 13:54	1.6 1.2 0.5
9	06:05 12:37 18:00	0.7 1.5 1.3	19	02:12 08:27 14:27	1.6 1.2 0.5
10	01:09 07:30 13:03	0.7 0.7 1.3	20	02:45 08:50 14:50	1.6 1.2 0.5
11	01:28 07:49 13:55	0.4 0.6 0.7	21	03:34 09:44 15:59	1.7 1.3 0.5
12	02:14 08:40 14:45	1.6 1.2 0.6	22	04:36 10:41 16:59	1.3 0.9 0.4
13	03:04 09:29 15:34	0.3 0.3 1.6	23	05:26 11:29 17:41	0.7 1.1 0.6
14	03:52 10:19 16:22	0.7 1.5 1.5	24	06:08 12:10 18:19	0.3 0.4 0.4
15	04:41 11:09 17:12	1.7 1.4 1.4	25	06:32 12:47 18:53	1.5 1.2 0.5
16	05:32 11:59 18:06	1.7 1.4 1.4	26	01:07 07:22 13:21	0.9 0.6 0.6
17	06:05 12:37 18:00	0.7 1.5 1.3	27	01:39 07:54 13:54	1.6 1.2 0.5
18	06:39 13:04 19:13	1.7 1.3 0.5	28	02:12 08:27 14:27	1.6 1.2 0.5
19	07:49 14:14 20:24	0.6 0.9 0.4	29	02:45 08:50 14:50	1.6 1.2 0.5
20	08:40 15:05 21:15	0.6 0.9 0.4	30	03:34 09:44 15:59	1.7 1.3 0.5
21	09:38 16:03 22:13	0.6 0.9 0.4	31	04:36 10:41 16:59	1.3 0.9 0.4

ABRIL			APRIL AVRIL		
	↑	↓		↑	↓
1	02:21 08:38 14:48	0.3 0.6 1.4	11	05:00 11:12 17:16	0.3 0.6 1.4
2	02:55 09:10 15:16	1.6 1.3 1.6	12	05:48 11:57 17:58	0.4 0.7 1.6
3	03:29 09:40 15:48	1.7 1.3 1.6	13	06:06 12:14 18:19	0.7 1.3 1.6
4	04:02 10:11 16:20	1.6 1.4 0.5	14	06:42 12:50 18:53	0.4 0.7 1.6
5	04:34 10:41 16:54	1.6 1.3 1.5	15	07:32 13:39 19:45	0.4 0.7 1.6
6	05:09 11:14 17:31	1.6 1.3 1.4	16	08:17 14:24 20:21	0.7 1.3 1.6
7	05:49 11:53 18:17	1.3 1.3 1.3	17	09:04 15:11 21:05	0.7 1.3 1.6
8	06:37 12:44 18:59	1.7 1.3 1.6	18	09:59 16:06 21:51	0.7 1.3 1.6
9	07:03 13:10 19:26	0.7 1.3 1.6	19	10:51 16:58 22:26	0.7 1.3 1.6
10	07:47 13:54 20:09	0.7 1.3 1.6	20	11:43 17:50 23:19	0.7 1.3 1.6
11	08:38 14:45 20:59	0.7 1.3 1.6	21	12:34 18:41 24:10	0.7 1.3 1.6
12	09:30 15:37 21:49	0.7 1.3 1.6	22	13:24 19:31 25:00	0.7 1.3 1.6
13	10:21 16:28 22:39	0.7 1.3 1.6	23	14:14 20:21 25:50	0.7 1.3 1.6
14	11:12 17:19 23:29	0.7 1.3 1.6	24	15:04 21:11 26:40	0.7 1.3 1.6
15	12:03 18:10 24:19	0.7 1.3 1.6	25	15:54 22:01 27:30	0.7 1.3 1.6
16	12:54 19:01 25:09	0.7 1.3 1.6	26	16:44 22:51 28:20	0.7 1.3 1.6
17	13:44 19:51 25:59	0.7 1.3 1.6	27	17:34 23:41 29:10	0.7 1.3 1.6
18	14:34 20:41 26:09	0.7 1.3 1.6	28	18:24 24:31 30:00	0.7 1.3 1.6
19	15:24 21:31 26:59	0.7 1.3 1.6	29	19:14 25:21 30:50	0.7 1.3 1.6
20	16:14 22:21 27:49	0.7 1.3 1.6	30	20:04 26:11 31:40	0.7 1.3 1.6
21	17:04 23:11 28:39	0.7 1.3 1.6	31	20:54 27:01 32:30	0.7 1.3 1.6

FEBREIRO			FEBRUARY FEVRIER		
	↑	↓		↑	↓
1	01:20 07:47 14:17	1.6 1.3 0.4	11	04:09 10:17 16:33	0.8 0.8 0.4
2	02:04 08:30 14:50	1.9 1.3 0.7	12	05:09 11:14 17:23	0.7 1.3 0.5
3	02:47 09:09 15:12	1.6 1.3 1.6	13	05:54 11:57 18:03	0.4 1.4 0.4
4	03:28 09:50 15:52	1.6 1.3 1.6	14	06:30 12:33 18:40	0.7 1.3 0.5
5	04:09 10:29 16:32	1.7 1.5 1.5	15	07:03 13:05 19:09	0.4 1.3 0.5
6	04:50 11:09 17:14	1.6 1.3 1.4	16	07:33 13:36 19:40	0.7 1.3 0.5
7	05:37 11:53 18:02	1.5 1.3 1.3	17	08:07 14:08 20:11	0.7 1.3 0.5
8	06:24 12:46 18:54	1.6 1.3 1.4	18	08:41 14:41 20:44	0.7 1.3 0.5
9	07:12 13:34 19:44	1.6 1.3 1.4	19	09:15 15:15 21:19	0.7 1.3 0.5
10	08:00 14:22 20:32	1.6 1.3 1.4	20	09:50 15:50 21:57	0.7 1.3 0.5
11	08:48 15:10 21:20	1.6 1.3 1.4	21	10:24 16:24 22:30	0.7 1.3 0.5
12	09:36 15:98 22:10	1.6 1.3 1.4	22	11:00 17:00 23:00	0.7 1.3 0.5
13	10:24 15:46 22:58	1.6 1.3 1.4	23	11:36 17:36 23:36	0.7 1.3 0.5
14	11:12 16:34 23:46	1.6 1.3 1.4	24	12:12 18:12 24:12	0.7 1.3 0.5
15	12:00 17:26 24:34	1.6 1.3 1.4	25	12:48 18:48 24:48	0.7 1.3 0.5
16	12:48 18:14 25:22	1.6 1.3 1.4	26	13:24 19:24 25:24	0.7 1.3 0.5
17	13:36 19:02 26:10	1.6 1.3 1.4	27	14:00 20:00 26:00	0.7 1.3 0.5
18	14:24 19:50 26:58	1.6 1.3 1.4	28	14:36 20:36 26:36	0.7 1.3 0.5
19	15:12 20:38 27:46	1.6 1.3 1.4	29	15:12 21:12 27:12	0.7 1.3 0.5
20	16:00 21:26 28:34	1.6 1.3 1.4	30	15:48 21:48 27:48	0.7 1.3 0.5
21	16:48 22:14 29:22	1.6 1.3 1.4	31	16:24 22:24 28:24	0.7 1.3 0.5

MAIO			MAY MAI		
	↑	↓		↑	↓
1	02:28 08:39 14:49	1.6 1.3 1.4	11	04:54 11:05 17:16	0.4 0.6 1.4
2	03:01 09:09 15:21	1.6 1.3 1.4	12	05:38 11:48 17:53	0.4 0.6 1.4
3	03:44 09:54 16:06	1.6 1.3 1.4	13	06:22 12:32 18:34	0.4 0.6 1.4
4	04:28 10:38 16:50	1.6 1.3 1.4	14	07:06 13:16 19:16	0.4 0.6 1.4
5	05:12 11:22 17:32	1.6 1.3 1.4	15	07:50 14:00 20:00	0.4 0.6 1.4
6	05:56 12:06 18:16	1.6 1.3 1.4	16	08:34 14:44 20:44	0.4 0.6 1.4
7	06:40 12:50 19:00	1.6 1.3 1.4	17	09:18 15:28 21:28	0.4 0.6 1.4
8	07:24 13:34 19:44	1.6 1.3 1.4	18	10:02 16:12 22:02	0.4 0.6 1.4
9	08:08 14:18 20:28	1.6 1.3 1.4	19	10:46 16:56 22:46	0.4 0.6 1.4
10	08:52 15:02 21:12	1.6 1.3 1.4	20	11:30 17:40 23:30	0.4 0.6 1.4
11	09:36 15:46 21:56	1.6 1.3 1.4	21	12:14 18:24 24:14	0.4 0.6 1.4
12	10:20 16:30 22:40	1.6 1.3 1.4	22	12:58 19:08 25:08	0.4 0.6 1.4
13	11:04 17:14 23:24	1.6 1.3 1.4	23	13:42 19:52 25:52	0.4 0.6 1.4
14	11:48 17:58 24:08	1.6 1.3 1.4	24	14:26 20:36 26:36	0.4 0.6 1.4
15	12:32 18:42 24:52	1.6 1.3 1.4	25	15:10 21:20 27:20	0.4 0.6 1.4
16	13:16 19:26 25:36	1.6 1.3 1.4	26	15:54 22:04 28:04	0.4 0.6 1.4
17	14:00 20:10 26:20	1.6 1.3 1.4	27	16:38 22:48 28:48	0.4 0.6 1.4
18	14:44 20:54 27:04	1.6 1.3 1.4	28	17:22 23:32 29:32	0.4 0.6 1.4
19	15:28 21:38 27:48	1.6 1.3 1.4	29	18:06 24:16 30:16	0.4 0.6 1.4
20	16:12 22:28 28:32	1.6 1.3 1.4	30	18:50 25:00 31:00	0.4 0.6 1.4
21	16:56 23:12 29:16	1.6 1.3 1.4	31	19:34 25:44 31:44	0.4 0.6 1.4

MARÇO			MARCH MARS		
	↑	↓		↑	↓
1	00:24 06:48 12:51	1.7 0.8 1.6	11	01:49 08:06 14:13	0.8 0.8 1.6
2	01:06 07:28 13:31	1.6 0.8 1.6	12	02:33 08:50 14:58	0.8 0.8 1.6
3	01:45 08:06 14:09	1.6 0.8 1.6	13	03:17 09:34 15:42	0.8 0.8 1.6
4	02:23 08:41 14:45	1.6 0.8 1.6	14	04:01 10:18 16:25	0.8 0.8 1.6
5	02:59 09:15 15:22	1.6 0.8 1.6	15	04:45 10:62 17:09	0.8 0.8 1.6
6	03:34 09:48 15:54	1.6 0.8 1.6	16	05:29 11:46 17:53	0.8 0.8 1.6
7	04:09 10:17 16:29	1.6 0.8 1.6	17	06:13 12:30 18:37	0.8 0.8 1.6
8	04:46 10:57 17:09	1.6 0.8 1.6	18	06:57 13:14 19:21	0.8 0.8 1.6
9	05:28 11:45 18:00	1.6 0.8 1.6	19	07:41 14:00 20:07	0.8 0.8 1.6
10	06:12 12:30 18:20	1.6 0.8 1.6	20	08:25 14:44 20:51	0.8 0.8 1.6
11	06:56 13:14 19:04	0.8 0.8 1.6	21	09:09 15:28 21:35	0.8 0.8 1.6
12	07:40 14:00 20:00	0.8 0.8 1.6	22	09:53 16:12 22:19	0.8 0.8 1.6
13	08:24 14:44 20:44	0.8 0.8 1.6	23	10:37 16:56 23:03	0.8 0.8 1.6
14	09:08 15:28 21:28	0.8 0.8 1.6	24	11:21 17:40 23:47	0.8 0.8 1.6
15	09:52 16:12 22:12	0.8 0.8 1.6	25	12:05 18:24 24:31	0.8 0.8 1.6
16	10:36 19:00 25:00	0.8 0.8 1.6	26	12:49 19:08 25:15	0.8 0.8 1.6
17	11:20 19:52 25:44	0.8 0.8 1.6	27	13:33 20:00 26:01	0.8 0.8 1.6
18	12:04 20:36 26:28	0.8 0.8 1.6	28	14:17 20:52 26:45	0.8 0.8 1.6
19	12:48 21:20 27:12	0.8 0.8 1.6	29	15:01 21:36 27:29	0.8 0.8 1.6
20	13:32 22:04 28:04	0.8 0.8 1.6	30	15:45 22:20 28:13	0.8 0.8 1.6
21	14:16 22:48 28:47	0.8 0.8 1.6	31	16:29 23:04 28:57	0.8 0.8 1.6

JUNHO			JUNE JUIN		
	↑	↓		↑	↓
1	03:14 09:18 15:16	1.5 0.8 0.5	11	05:37 11:51 18:01	0.4 0.6 1.4
2	03:50 09:52 16:10	1.4 0.8 0.5	12	06:08 12:22 18:32	0.4 0.6 1.4
3	04:27 10:28 16:48	1.4 0.8 0.5	13	06:58 13:25 19:40	0.4 0.6 1.4
4	05:08 11:07 17:31	1.4 0.8 0.5	14	07:48 14:13 20:31	0.4 0.6 1.4
5	05:56 11:55 18:21	1.4 0.8 0.5	15	08:37 15:02 21:24	0.4 0.6 1.4
6	06:51 12:53 19:20	1.4 0.8 0.5	16	09:27 15:53 22:18	0.4 0



LUA CHEIA
FULL MOON
PLEINE LUNE

- 17 JANEIRO / JANUARY / JANVIER
16 FEVEREIRO / FEBRUARY / FÉVRIER
18 MARÇO / MARCH / MARS
16 ABRIL / APRIL / AVRIL
16 MAIO / MAY / MAI
14 JUNHO / JUNE / JUIN
12 AGOSTO / AUGUST / AOÛT
10 SETEMBRO / SEPTEMBER / SEPTEMBRE
9 OUTUBRO / OCTOBER / OCTOBRE
8 NOVEMBRO / NOVEMBER / NOVEMBRE
8 DEZEMBRO / DECEMBER / DÉCEMBRE

JULHO

JULY / JUILLET

	↑	↓
1	03:35 09:37 15:50 22:11	04 05 06 07
2	04:11 10:11 16:29 22:48	05 06 07 08
3	04:48 10:48 17:08 23:29	06 07 08 09
4	05:29 11:29 17:50	07 08 09
5	06:13 12:16 18:38	08 09 10
6	06:16 12:16 18:38	09 10 11
7	06:19 12:19 18:41	10 11 12
8	06:22 12:22 18:44	11 12 13
9	06:25 12:25 18:47	12 13 14
10	06:28 12:28 18:50	13 14 15

OUTUBRO

OCTOBER / OCTOBRE

	↑	↓
1	05:31 11:41 18:06	06 07 08
2	06:11 12:01 18:01	07 08 09
3	06:51 12:41 18:41	08 09 10
4	07:31 13:21 19:21	09 10 11
5	08:11 14:01 20:01	10 11 12
6	08:51 14:41 20:41	11 12 13
7	09:31 15:21 21:21	12 13 14
8	10:11 16:01 22:01	13 14 15
9	10:51 16:41 22:41	14 15 16
10	11:31 17:21 23:21	15 16 17

	↑	↓
11	06:02 12:19 18:37	09 10 11
12	06:44 12:44 19:02	10 11 12
13	07:26 13:26 19:44	11 12 13
14	08:08 14:08 20:26	12 13 14
15	08:50 14:50 21:08	13 14 15
16	09:32 15:32 21:50	14 15 16
17	10:14 16:14 22:32	15 16 17
18	10:56 16:56 23:14	16 17 18
19	11:38 17:38 23:56	17 18 19
20	12:20 18:20 24:38	18 19 20
21	02:30 08:42 14:54 21:06	19 20 21 22
22	03:34 09:52 16:05 22:14	20 21 22 23
23	04:39 10:58 17:14 23:19	21 22 23 24
24	05:36 11:53 18:10	22 23 24 25
25	06:23 12:39 19:00	23 24 25 26
26	07:04 13:19 19:54	24 25 26 27
27	07:46 14:01 20:44	25 26 27 28
28	08:28 14:43 21:26	26 27 28 29
29	09:10 15:25 22:08	27 28 29 30
30	10:00 16:15 22:50	28 29 30 31
31	10:50 17:05 23:32	29 30 31

	↑	↓
11	02:54 08:58 15:08	19 20 21
12	03:36 09:40 15:50	20 21 22
13	04:18 10:22 16:32	21 22 23
14	05:00 11:04 17:14	22 23 24
15	05:42 11:46 17:56	23 24 25
16	06:24 12:28 18:38	24 25 26
17	07:06 13:10 19:18	25 26 27
18	07:48 13:52 19:58	26 27 28
19	08:30 14:34 20:38	27 28 29
20	09:12 15:16 21:18	28 29 30
21	09:54 15:58 21:58	29 30 31
22	10:36 16:40 22:38	30 31
23	11:18 17:22 23:18	
24	12:00 18:04 23:58	
25	12:42 18:46 24:38	
26	13:24 19:28 25:18	
27	14:06 20:10 25:58	
28	14:48 20:52 26:38	
29	15:30 21:34 27:18	
30	16:12 22:16 27:58	
31	16:54 22:58 28:38	

AGOSTO

AUGUST / AOÛT

	↑	↓
1	04:22 10:24 16:40 22:57	05 06 07 08
2	04:58 10:58 17:18 23:37	06 07 08 09
3	05:36 11:41 18:00	07 08 09
4	06:20 12:25 19:00	08 09 10
5	07:04 13:07 19:54	09 10 11
6	07:46 13:51 20:44	10 11 12
7	08:28 14:43 21:26	11 12 13
8	09:10 15:25 22:08	12 13 14
9	09:52 16:07 22:50	13 14 15
10	10:34 16:49 23:32	14 15 16
11	11:16 17:31 24:14	15 16 17
12	11:58 18:13 24:56	16 17 18
13	12:40 18:55 25:38	17 18 19
14	13:22 19:37 26:20	18 19 20
15	14:04 20:19 27:02	19 20 21
16	14:46 21:01 27:44	20 21 22
17	15:28 21:43 28:26	21 22 23
18	16:10 22:25 29:08	22 23 24
19	16:52 23:07 29:50	23 24 25
20	17:34 23:49 30:32	24 25 26
21	18:16 24:31 31:14	25 26 27
22	18:58 25:13 31:56	26 27 28
23	19:40 25:55 32:38	27 28 29
24	20:22 26:37 33:20	28 29 30
25	21:04 27:19 34:02	29 30
26	21:46 28:01 34:44	
27	22:28 28:43 35:26	
28	23:10 29:25 36:08	
29	23:52 30:07 36:50	
30	24:34 30:49 37:32	
31	25:16 31:31 38:14	

NOVEMBRO

NOVEMBER / NOVEMBRE

	↑	↓
1	06:56 13:16 19:37	07 08 09
2	07:38 13:58 20:19	08 09 10
3	08:20 14:40 21:01	09 10 11
4	09:02 15:22 21:43	10 11 12
5	09:44 16:04 22:25	11 12 13
6	10:26 16:46 23:07	12 13 14
7	11:08 17:28 23:49	13 14 15
8	11:50 18:10 24:31	14 15 16
9	12:32 18:52 25:13	15 16 17
10	13:14 19:34 25:55	16 17 18
11	13:56 20:16 26:37	17 18 19
12	14:38 20:58 27:19	18 19 20
13	15:20 21:40 28:01	19 20 21
14	16:02 22:22 28:43	20 21 22
15	16:44 23:04 29:25	21 22 23
16	17:26 23:46 30:07	22 23 24
17	18:08 24:28 30:49	23 24 25
18	18:50 25:10 31:31	24 25 26
19	19:32 25:52 32:13	25 26 27
20	20:14 26:34 32:55	26 27 28
21	20:56 27:16 33:37	27 28 29
22	21:38 27:58 34:19	28 29 30
23	22:20 28:40 35:01	29 30
24	23:02 29:22 35:43	
25	23:44 30:04 36:25	
26	24:26 30:46 37:07	
27	25:08 31:28 37:49	
28	25:50 32:10 38:31	
29	26:32 32:52 39:13	
30	27:14 33:34 39:55	
31	27:56 34:16 40:37	

	↑	↓
11	01:34 07:40 14:53 22:07	05 06 07 08
12	02:16 08:26 15:39 22:57	06 07 08 09
13	03:07 09:10 15:23 23:47	07 08 09 10
14	03:50 09:52 16:06 24:37	08 09 10 11
15	04:32 10:33 16:48 25:19	09 10 11 12
16	05:14 11:15 17:31 26:01	10 11 12 13
17	05:57 11:57 18:16	11 12 13
18	06:39 12:39 18:59	12 13 14
19	07:21 13:21 19:41	13 14 15
20	08:03 14:03 20:23	14 15 16
21	08:45 14:45 21:05	15 16 17
22	09:27 15:27 21:47	16 17 18
23	10:09 16:09 22:29	17 18 19
24	10:51 16:51 23:11	18 19 20
25	11:33 17:33 23:53	19 20 21
26	12:15 18:15 24:35	20 21 22
27	12:57 18:57 25:17	21 22 23
28	13:39 19:39 25:59	22 23 24
29	14:21 20:21 26:41	23 24 25
30	15:03 21:03 27:23	24 25 26
31	15:45 21:45 28:05	25 26 27

	↑	↓
1	05:15 11:21 17:37	07 08 09
2	05:57 12:03 18:19	08 09 10
3	06:39 12:45 19:01	09 10 11
4	07:21 13:27 19:41	10 11 12
5	08:03 14:09 20:21	11 12 13
6	08:45 14:51 21:01	12 13 14
7	09:27 15:33 21:41	13 14 15
8	10:09 16:15 22:21	14 15 16
9	10:51 16:57 23:01	15 16 17
10	11:33 17:39 23:41	16 17 18
11	12:15 18:21 24:21	17 18 19
12	12:57 19:03 25:01	18 19 20
13	13:39 19:45 25:41	19 20 21
14	14:21 20:27 26:21	20 21 22
15	15:03 21:09 27:01	21 22 23
16	15:45 21:51 27:41	22 23 24
17	16:27 22:33 28:21	23 24 25
18	17:09 23:15 29:01	24 25 26
19	17:51 23:57 29:41	25 26 27
20	18:33 24:39 30:21	26 27 28
21	19:15 25:21 31:01	27 28 29
22	20:00 26:06 31:41	28 29 30
23	20:42 26:48 32:21	29 30
24	21:24 27:30 33:01	
25	22:06 28:12 33:41	
26	22:48 28:54 34:21	
27	23:30 29:36 35:01	
28	24:12 30:18 35:41	
29	24:54 31:00 36:21	
30	25:36 31:42 37:01	
31	26:18 32:24 37:41	

SETEMBRO

SEPTEMBER / SEPTEMBRE

	↑	↓
1	05:07 11:17 17:28 23:39	07 08 09 10
2	05:52 12:02 18:13	08 09 10
3	06:37 12:47 18:58	09 10 11
4	07:22 13:32 19:43	10 11 12
5	08:07 14:17 20:28	11 12 13
6	08:52 15:02 21:13	12 13 14
7	09:37 15:47 21:58	13 14 15
8	10:22 16:32 22:43	14 15 16
9	11:07 17:17 23:28	15 16 17
10	11:52 18:02 24:13	16 17 18
11	12:37 18:47 24:58	17 18 19
12	13:22 19:32 25:43	18 19 20
13	14:07 20:17 26:28	19 20 21
14	14:52 21:02 27:13	20 21 22
15	15:37 21:47 27:58	21 22 23
16	16:22 22:32 28:43	22 23 24
17	17:07 23:17 29:28	23 24 25
18	17:52 24:02 30:13	24 25 26
19	18:37 24:47 30:58	25 26 27
20	19:22 25:32 31:43	26 27 28
21	20:07 26:17 32:28	27 28 29
22	20:52 27:02 33:13	28 29 30
23	21:37 27:47 33:58	29 30
24	22:22 28:32 34:43	
25	23:07 29:17 35:28	
26	23:52 30:02 36:13	
27	24:37 30:47 36:58	
28	25:22 31:32 37:43	
29	26:07 32:17 38:28	
30	26:52 33:02 39:13	
31	27:37 33:47 39:58	

DEZEMBRO

DECEMBER / DÉCEMBRE

	↑	↓
1 10:00	01:32 07:42 13:53 20:04	07 08 09 10
2 10:15	02:17 08:27 14:38 20:49	08 09 10 11
3 10:30	03:02 09:12 15:23 21:34	09 10 11 12
4 10:45	03:47 09:57 16:08 22:19	10 11 12 13
5 11:00	04:32 10:42 16:53 23:04	11 12 13 14
6 11:15	05:17 11:27 17:38 23:49	12 13 14 15
7 11:30	06:02 12:12 18:23 24:34	13 14 15 16
8 11:45	06:47 12:57 19:08 25:19	14 15 16 17
9 12:00	07:32 13:42 19:59 26:04	15 16 17 18
10 12:15	08:17 14:27 20:44 26:49	16 17 18 19